

Associazione Italiana di IYENGAR® Yoga



Light  
on  
Yoga  
Italia



21<sup>st</sup> J U N E 2 0 1 8

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I N T E R N A T I O N A L

**DAY OF YOGA**  
.....

**IYENGAR®  
YOGA**

*is for all*



**100**  
CENTENARY YEAR 2018